

PUBLIC HEALTH ENGLAND – GENERAL GUIDANCE	
Self-isolation	<p>https://www.gov.uk/government/publications/covid-19-stay-at-home-guidance</p> <p>Includes versions in Arabic, Bengali, Cantonese, Mandarin, French, Polish, Portuguese, Punjabi, Urdu & Welsh.</p>
Social distancing	<p>https://www.gov.uk/government/publications/full-guidance-on-staying-at-home-and-away-from-others</p> <p>Includes pdf document to download.</p>
Shielding	<p>https://www.gov.uk/government/publications/guidance-on-shielding-and-protecting-extremely-vulnerable-persons-from-covid-19</p> <p>Includes versions in Arabic, Bengali, Cantonese, Mandarin, French, Polish, Portuguese, Punjabi, Urdu & Welsh.</p>
Guidance for pregnant women	<p>https://www.rcog.org.uk/en/guidelines-research-services/guidelines/coronavirus-pregnancy/covid-19-virus-infection-and-pregnancy/</p> <p>Includes occupational health guidance for pregnant women who work in a public-facing role.</p>
FAQ's:	<p>https://www.gov.uk/government/publications/coronavirus-outbreak-faqs-what-you-can-and-cant-do/coronavirus-outbreak-faqs-what-you-can-and-cant-do</p>
Guidance for employers & businesses	<p>https://www.gov.uk/government/publications/guidance-to-employers-and-businesses-about-covid-19/guidance-for-employers-and-businesses-on-coronavirus-covid-19</p>
Guidance for employees	<p>https://www.gov.uk/government/publications/guidance-to-employers-and-businesses-about-covid-19/covid-19-guidance-for-employees</p>

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General guidance	<p>https://phw.nhs.wales/topics/latest-information-on-novel-coronavirus-covid-19/</p> <p>Includes ability to translate information into 104 languages including video of information in British Sign Language</p>
Self-isolation	<p>https://phw.nhs.wales/topics/latest-information-on-novel-coronavirus-covid-19/stay-at-home-if-you-think-you-have-coronavirus-self-isolation/</p>
Social distancing	<p>https://phw.nhs.wales/topics/latest-information-on-novel-coronavirus-covid-19/self-isolation-advice/</p>
Shielding	<p>https://phw.nhs.wales/topics/latest-information-on-novel-coronavirus-covid-19/how-to-protect-extremely-vulnerable-people-shielding/</p>

NHS INFORM SCOTLAND – GENERAL GUIDANCE

General guidance	https://www.nhsinform.scot/illnesses-and-conditions/infections-and-poisoning/coronavirus-covid-19/coronavirus-covid-19-general-advice
Self-isolation	https://www.nhsinform.scot/illnesses-and-conditions/infections-and-poisoning/coronavirus-covid-19/coronavirus-covid-19-guidance-for-households-with-possible-coronavirus-infection
Social distancing	https://www.nhsinform.scot/illnesses-and-conditions/infections-and-poisoning/coronavirus-covid-19/coronavirus-covid-19-social-distancing
Shielding	https://www.nhsinform.scot/illnesses-and-conditions/infections-and-poisoning/coronavirus-covid-19/coronavirus-covid-19-shielding
Guidance for non-healthcare settings	https://hpspubsrepo.blob.core.windows.net/hps-website/nss/2973/documents/1_covid-19-guidance-for-non-healthcare-settings.pdf Pdf. includes guidance for employers, educational settings, funeral directors, prisons, detention centres & transport.